



Item: 0622  
Quantity: 120 Capsules

# Optimal Performance™

## Optimize Your Energy Level\*

- ▶ Practically all of our daily activities – talking, understanding, reading, socializing – depend on our knowing learned and stored information about our environments.

### A ANTI-AGING HEALTH SYSTEM

To optimize your energy levels and alertness, eat a well-balanced diet, augment your nutritional intake with dietary supplements, engage in regular exercise, and follow a stress-management program.\*

- ▶ Provides long-term elevated levels of energy and alertness\*
- ▶ Helps increase stamina, endurance, and alertness\*

### P PRODUCT INFORMATION

The systemic support you need for physical endurance and to lead a more active, productive life. Gathered from the United States, Europe and Asia, several potent botanical and mineral nutrients in a base of natural alfalfa synergistically combine to help naturally boost your energy level and increase stamina, endurance and alertness. Optimal Performance does not provide quick-energy stimulants but, rather, provides long-term elevated levels of energy and alertness.\*

Each day your body requires a specific amount of important nutrients that most of us do not consume on a consistent basis. In addition, some of the nutrients we consume may pass through our bodies without being absorbed, leaving our bodies deficient in certain nutrients.

To help you obtain optimal nutrition, Uncity International has developed a high-quality, scientific line of exclusive dietary supplements. Our nutritional line offers a variety of supplements that can enhance a healthy lifestyle throughout all stages of life. This includes scientifically advanced supplements for targeted needs, such as cardiovascular function, men's and women's health, digestive function, and others. Uncity's nutritionals include a full range of multivitamin and mineral formulas designed to suit your individual lifestyle needs.\*

### F FEATURES AND BENEFITS

- ▶ Features patent-pending PTI-00703 to help manage the level of brain amyloid deposits, according to in vitro studies\*
- ▶ Helps promote memory-related functions\*
- ▶ Assists in blood flow and oxygenation in the brain\*
- ▶ Protects from free-radical damage and improves circulation in the brain\*

The brain is one of the most active body tissues.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# Optimal Performance™

## ? FREQUENTLY ASKED QUESTIONS

**Q: Why do Optimal Performance tablets appear green?**

**A:** This enhanced-energy formula provides six select ingredients in a base of natural alfalfa, which gives the tablets a green appearance. Optimal Performance does not contain artificial colors.\*

**Q: Where does bee pollen come from?**

**A:** Bee pollen is collected by honey bees from flowers and carried in a pocket on their hind legs. As the bees enter a hive, a mesh screen causes the pellets of pollen to fall from their legs into a collection drawer. The pollen is then carefully cleaned, dried and stored to maintain the potency of its many valuable nutrients. Throughout this process, there is no harm to the bees.

**Q: Does Siberian ginseng contain caffeine?**

**A:** No. This herb does not contain caffeine. The botanicals and minerals in Optimal Performance provide naturally occurring stimulant properties that may feel like the boost caffeine can generate.

## S SCIENCE

If you frequently feel lethargic or fatigued, you may need to reevaluate your diet. Along with stress management and regular exercise, proper nutrition can play an important role in boosting your energy level.\*

Several of the nutrients that can affect your energy level include bee pollen, which is used by many athletes to help enhance endurance and stamina; spirulina, which enhances blood oxygen; and octacosanol, which is believed to act directly on the metabolism to enhance energy and stamina.\*

In addition, royal jelly – a nutritionally rich substance manufactured by worker bees for the queen bee – can influence energy.\*

To optimize your energy levels and alertness, eat a well-balanced diet, augment your nutritional intake with dietary supplements, engage in regular exercise, and follow a stress-management program.\*

## R REFERENCES

Stusser R, et al. Long-term therapy with policosanol improves treadmill exercise-ECG testing performance of coronary heart disease patients. *Int. J. Clin. Pharmacol Ther.* 1998 Sep.;36(9):469-73. [Octacosanol]

Miranda MS, et al. Antioxidant activity of the microalga *Spirulina maxima*. *Braz. J. Med. Biol. Res.* 1998 Aug.;31(8):1075-9. [Spirulina]

Steben RE, et al. The effects of pollen and protein extracts on selected blood factors and performance of athletes. *J. Sports Med. Phys. Fitness.* 1978 Sep.;18(3):221-6. [Bee Pollen]

Smolina TP, et al. Interferon-inducing action of polysaccharide-containing biopolymers from ginseng root and cell culture. *Antibiot Khimioter* 1998;43(11):21- 3. [Siberian Ginseng]

### Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 60

Amount Per Serving	% Daily Value
<i>Bacopa monnieri</i> Leaf Extract 150 mg	†
Standardized to 20% Bacosides A&B, 30 mg	
<i>Ginkgo biloba</i> Leaf Extract 60 mg	†
Standardized to 24% Flavonol Glycosides, 14.4 mg	
Standardized to 6% Terpene Lactones, 3.6 mg	
Cogno Proprietary Blend 600 mg	
Cat's Claw Bark PTI-00703™** ( <i>Uncaria tomentosa</i> )†, Gotu Kola Leaf†, Rosemary Leaf†	

† Daily Value not established.

Other ingredients: Gelatin,  
\*\*CognoBlend with PTI-00703™ is under U.S. patent pending.  
PTI-00703™ is a trademark of ProteoTech, Inc.  
STORE IN A COOL DRY PLACE.  
KEEP OUT OF THE REACH OF CHILDREN.



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