



Item: 17743  
Quantity: 4 oz  
Retail:

# CM Plex™ Cream

*Fast-Acting Support for Healthy Joints*

- ▶ Patented mix of cetylated, esterified fatty acids .
- ▶ Fast acting and natural approach to inflammation.
- ▶ Clinically proven to support range of motion and knee flexing.
- ▶ Clinically proven to reduce temporary pain and discomfort.

## P Product Information

*For millions of people, bone and joint discomfort and interrupts everyday activities. Through a targeted nutritional approach, Unicity's Bone & Joint Health System helps slow damage to support bones and joints.*

*Unicity has developed an advanced line of bone and joint health products extensively researched and tested using the latest in nutritional science to deliver a holistic approach to bone and joint health. Each product within the bone and joint health system provides a specific focus to address the following bone and joint health functions:*

*Providing adequate and highly absorbable calcium to ensure strong bones.*

*Providing building blocks for cartilage*

*Providing strong agents, specifically targeted for joint discomfort.*

*Providing nutrients that are calcium absorption enhancers.*

*Providing ipriflavon, to ensure strong bone formation.*

There are hundreds of joints in the human body and all your joints are designed to work together to help you move with ease. Millions of people lose joint mobility and flexibility at some point in their lives and suffer from joint problems and pain. These problems can prevent full participation in many of life's daily activities.

As we age, our bodies undergo wear and tear, and your joints are no exception. Overtime cartilage can wear down completely, leaving you with less shock absorption capabilities, which causes bone rubbing on bone. This may eventually damage the ends of your bones.

Joint health is key to wellness. After all, it's difficult to feel healthy when the very act of walking hurts! Keeping your joints strong, agile, and flexible is a priority for people wanting to live life to its fullest. When joints, which are made up of connective tissue, receive natural, effective support, the difference is amazing.

C.M. Plex™ supports joint health with a proprietary blend of cetyl myristate, cetyl myristoleate, and other cetyl esters. These compounds have been shown to help penetrate and hydrate the joints and increase mobility, encouraging a more active lifestyle.\* C.M. Plex™ cream provides additional moisturizing benefits,

## F Features and Benefits

C.M. Plex™ contains a proprietary blend of cetyl myristate, cetyl myristoleate, and other cetyl esters. This blend of cetylated fatty acids are clinically proven to support joint health.

Cetyl myristoleate is known to prevent arthritis in experimental models. C.M. Plex™ increases flexibility in osteo-arthritis patients and reduces pain in inflamed joints.

CM Plex and CM Plex Cream have been studied in two groups of osteoarthritis patients. The subjects had to do exercises that are considered easy for healthy people, but can be very painful for patients. In both studies patients experienced clear benefits in reduction of discomfort and resulting in improved range-of-motion, and joint mobility. C.M. Plex™ supports joint health with a proprietary blend of cetyl myristate, cetyl myristoleate, and other cetyl esters. These compounds have been shown to help penetrate and hydrate the joints and increase mobility, encouraging a more active lifestyle.

# CM Plex™ Cream

Fast-Acting Support for Healthy Joints\*

## ? Frequently Asked Questions

### Q. Will C.M. Plex™ lose its effectiveness with continuous use?

A. The bones and joints are active structures, constantly creating new tissue and breaking down old. A healthy, varied diet profoundly affects this ongoing process. As with any other component of our nutrition, C.M. Plex™ can assist the body at any and all adult stages in life.

### Q. Can C.M. Plex™ be used by pregnant women or nursing mothers?

A. As with many other nutritional supplements, it is not recommended that a pregnant woman or nursing mother use C.M. Plex™.

### Q. Has any human research been done on the ingredients contained in CM Plex™?

A. Yes. In fact, a human clinical study, presented at a major scientific conference in April 2001, demonstrated remarkable effects.

### Q. What foods are sources of nutrients that support joint health?

A. Foods high in vitamin C, such as several fruits and vegetables, are important because vitamin C is vital to the body's development of connective tissue in ligaments, skin, bones, and blood vessels. The body cannot make its own vitamin C, so absorbing adequate amounts through diet and supplementation is crucial.\*

## S Science

The word joint refers to any of the connections between the body's more than 200 bones. Joints are classified into three categories according to structure and movability. Cartilaginous joints, in which cartilage joins the bones, can move slightly—for example, the joints connecting the vertebrae and pubic bones. Fibrous joints are immovable, such as the joints between skull segments. Most of the joints in the body are freely moving synovial joints, in which touching bone surfaces are covered by cartilage, connected with ligaments, and lined with synovial membrane. Synovial joints take several forms, including ball and socket, gliding, hinge, pivot, and saddle.

Millions of people lose joint mobility and flexibility at some point in their lives. These problems can prevent full participation in many of life's daily activities. However, natural nutrients can deliver various benefits, including joint lubrication and smooth joint movement. Several other natural supplements have captured significant attention recently as researchers and scientists attempt to find effective ingredients to support joint health.\*

## I Ingredients

CM Plex™ Cream contains a proprietary synergistic blend of Cetyl Myristoleate† and fatty acid esters to lubricate and hydrate knees, knuckles, and other areas.

- Highly advanced formula for long-lasting results
- Liposome technology for effective penetration
- Bergamot fragrance

Ingredients: Water, CM Plex™ Proprietary Blend, Glycerol Stearate, Glycerin, Lecithin, Tocopheryl Acetate, Benzyl Alcohol, Citrus Aurantium Bergamia (Bergamot) Fruit Oil, PEG-100 Stearate, Fragrance, Carbomer, Potassium Hydroxide, Phenoxyethanol, Methylparaben, Propylparaben, Ethylparaben, Butylparaben, Isobutylparaben

(CM Plex™ Proprietary Blend includes a combination of Cetyl Myristoleate, Cetyl Myristate, Olea Europaea (Olive

Fruit Oil, Cetyl Palmitoleate, Cetyl Oleate, and Cetyl Laurate.) Dermatologist Tested

Keep container tightly closed. Store in a cool, dry place. Keep out of reach of children.

**DIRECTIONS:** Apply generously onto clean skin and gently massage until the cream disappears. Repeat 3 to 4 times daily as necessary. Use with CM Plex™ Soft Gels joint supplement for maximum results.

**WARNINGS:** For external use only. Avoid contact with the eyes. If contact occurs, rinse eyes thoroughly with water. Discontinue use if signs of irritation or redness appear. Consult a physician if irritation persists.

PRODUCT OF USA Item 17743 17748 Rev3

## R References

Hesslink et al, "Cetylated fatty acids improve knee function in patients with osteoarthritis," *Journal of Rheumatology* (2002) 29, 1708-1712.

Kraemer et al, "Effect of a Cetylated Fatty Acid Topical Cream on Functional Mobility and Quality of Life of Patients with Osteoarthritis," *Journal of Rheumatology* (2004) 31, 767-774.



For more information, contact your local Unicity Associate.

Unicity International, Inc., 1201 North 800 East, Orem, Utah 84097  
Customer Care: 801-226-2224, Order Entry: 800-UNICITY  
www.unicity.net

© 2004 Unicity International, Inc. All Rights Reserved. Printed in USA. Item 21867 Rev1